



# Triple P Positive Parenting

For parents of children birth to 12 years of age

## Managing Behaviour with Assertive Discipline

Assertive discipline helps children understand that their behavior always has consequences and that those consequences are carried out in a predictable, loving environment. Assertive discipline helps children learn to accept responsibility for their behavior, develop self control and helps them learn to consider the feelings and needs of others.

This free workshop will help parents learn about:

- ✓ Five Positive Principles to encourage building positive relationships
- ✓ Building a Positive Bank Account
- ✓ Importance of being emotionally available to children
- ✓ Possible causes of misbehavior
- ✓ Identifying “Parenting Traps” and escalation cycles
- ✓ Establishing Family Rules
- ✓ How and when to give instructions and requests
- ✓ Strategies for managing misbehavior and guiding/teaching appropriate behavior

**Location:** Westminster Public School  
366 Mullen Drive, Thornhill L4J 2P3

**Date:** Wednesday May 27, 2015

**Time:** 7:00 – 9:00 p.m.

**To register and for further information contact:**

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*This presentation is brought to you by Westminster P.S. in partnership with Blue Hills Child and Family Centre and York Region District School Board.*